



ON-TARGET

Spring / Summer 2017



The Army Cadet League of Canada's National Newsletter



On April 8, 2017, during the annual Army Cadet Battle of Vimy Commemoration candlelight ceremony in Ottawa, CWO Michael Robichaud passes the Torch of Remembrance to a veteran in a symbolic act of remembering those who fell during the Great War. (photo : Fred Cattroll)

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ON-TARGET is an official publication of The Army Cadet League of Canada. Views expressed in this publication do not necessarily reflect the opinion of the League or its Board of Directors

ON-TARGET welcomes submissions from cadets, members, CIC officers, volunteers and parents. We reserve the right to edit all submissions for length and style.

Please submit your articles or announcements by e-mail at commsofficer@armycadetleague.ca

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Dear Readers,

Over the next couple of editions, you will notice small changes to On Target. Beginning with this edition, the best of the best articles will be published. Don't feel left out however. All submitted articles will continue to be collected and, when appropriate, be published on social media. These small changes will allow the national executive and office the ability to distribute great news stories in a timelier fashion all while maintaining our flag ship publication.

Continue to send us your stories, your photos and even videos, then stay tuned to our [Facebook page](#). Maybe you will become the next viral internet sensation!

REMEMBERING VIMY RIDGE

Maxime Corneau, Communications Officer, ACLC National Office, Ottawa, ON
Article published in the May issue of *Esprit de Corps*

IN 2010 CANADA marked the end of an era on Vimy Ridge Day with the passing of our last First World War veteran. Youth were challenged to take up the Torch of Remembrance so that the memory of those who served between 1914 and 1918 would never fade.

The year 2011 marked the beginning of a new era, when The Royal Canadian Army Cadet Corps (RCACC) commemorated the Battle of Vimy Ridge for the first time. With 300 cadets on parade that evening, they held the very first official Army Cadet Battle of Vimy Commemoration and it was also the very first overnight vigil in Ottawa. The Ottawa cadets felt strongly about commemorating the troops of 1917 in a similar way to what our soldiers had experienced. One hundred years ago, on April 8, Canadian soldiers had to wait in the tunnels of Arras for 24 hours until adverse weather conditions passed and they could storm the ridge the next day. Moreover, cadets from coast to coast also rose to this new challenge of commemoration and organized their own personal corps events.

April 8, 2017 was an important day as it marked the 100th anniversary of this battle. The Army cadets in Ottawa were once again called to carry the Torch of Remembrance. Parades and special commemorative events were organized by numerous corps in each province and were attended by dignitaries, veterans, organizations and members of the community. Some even planned the re-enactment of the battle. In Peterborough, Ontario, cadets from the 2672 Hastings and Prince Edward RCACC planted over 600 ceramic trillium flowers to honour Canada's fallen at Vimy Ridge at the local cenotaph. Sixteen red trilliums

were planted to honour the Peterborough area soldiers who fell in the battle, while the remaining white flowers commemorated the locals who died during the Great War. One hundred cadets from Manitoba will visit the Vimy memorial in May; several other corps will also make pilgrimages this year to mark the battle's centenary.

"What really matters is the life, the story that is behind each number representing each fallen soldier. Every single one of them was a brother and a son to so many affected families ..."

It is at moments like these where our youth really come to realize why such commemorative events occur, and why they should be proud to be part of them. To Cadet

CWO Michael Robichaud, of the 2870 Royal Canadian Dragoons RCACC, who served as master of ceremony at Ottawa's Army Cadet ceremony, said of his experience, "Often times, people overlook events or an act because it does not concern them, because they don't feel as though they are involved with whatever happened. I used to think like that as well, as we all do when we are younger, or simply lack the information to truly understand the situation."

Robichaud continues: "See, when I participated in the Vimy vigil this time last year, I didn't do it for the same reasons as I did it this year; it meant something different for me as I had been given an opportunity to learn. It was during my summer camp last year, as part of the first group participating in the Army Cadet battlefield tour, that I finally properly understood why

we do these commemoration events. I learned so much that summer, but what I retained most importantly is that the actual numbers of the fallen is not what truly counts."

Robichaud explains that, "throughout our history lessons, wherever they may come from, such as school or cadets, or literature, we are taught that these numbers such as the 3,598 fallen soldiers of this battle are facts, but in reality, the number, though important, is only part of the story."



On a beautiful clear evening in Ottawa, hundreds gathered for the annual Army Cadet Battle of Vimy Commemoration candlelight ceremony at the National War Memorial on April 8, 2017. (Michel Asboth)

Through his experience in the Army Cadets battlefield tour last summer, Robichaud learned that “What really matters is the life, the story that is behind each number representing each fallen soldier. Every single one of them was a brother and a son to so many affected families, maybe a teacher or mentor to others, a loving husband or father to a happy family, their families left behind in fear of losing a loved one. It is they, each individual, whom we must

commemorate, not the number. We must take the time to thank those whose story enabled our own stories to take place, our own families to stay safe. It is their personal sacrifices and actions we must take the time to honour. Though a sombre and mournful time, it is important to thank them for what they did, to remember them and their story ... and in that we must always remember them.”

The experience for a group of young cadets of the 1813 Lord Strathcona Horse Army Cadet Corps from B.C., who attended the ceremonies in Vimy, France, could be summed up in a few words. MCpl Morgan said, “This experience has been breathtaking, amazing and overwhelming. This has been the most impactful and memorable experience. It is beyond my imagination in how I am feeling right now.” WO Jewsbury added that, “When I was walking up towards the monument, the intensity of the moment was out of this world and indescribable. So many emotions and thoughts.”

In describing the experience, the cadets used such descriptive words as “overwhelming,” “there are no words to describe how I’m feeling,” “an experience I’ll never forget.” However, most importantly, what we must capture the most from their experience is that they have become much more aware of the importance for them to carry a torch of remembrance in their hearts.



In Cloverdale, British Columbia, Army Cadets took part in a commemorative ceremony to mark the 100th anniversary of the Battle of Vimy Ridge. (Phil Edge)

This experience will never be forgotten. Each and every cadet who has returned from a similar experience has come back changed, more aware of their roots and of the sacrifice so many made for our country.

This demonstrates the influence such experiences can have on the younger and upcoming generations and how these events can truly touch them on a personal level. The impact is even more profound when they

are given the opportunity to travel overseas to tour the many monuments, cemeteries and battlefields, where they can see for themselves and retrace the steps of the thousands of soldiers who walked before them and fell in battle. Cadets and their commitment to commemorate military honours will ensure that soldiers’ sacrifices are not forgotten. By having an appreciation for military and regimental history, Army Cadets will continue to relate to the significant battles Canadian soldiers participated in.

Every year, as Army Cadets gather for the Vimy vigil, our youngsters on parade come to realize that they are not much younger or older than many of the fallen Canadians who perished that day. But they also realize that their story, their life, and their sacrifice must be remembered.

Cadets will continue to commemorate the Battle of Vimy just as they do Remembrance Day. And each year, as new recruits come through the cadet ranks, more of them will understand the significance of these events and the importance of never forgetting the ultimate sacrifice that was made by so many Canadians 100 years ago.

[Visit our Royal Canadian Army Cadets Vimy Commemoration page on Facebook](#)



Army Cadets took turns standing sentry by the Tomb of the Unknown Soldier in Ottawa during the night of April 8–9, 2017 during the vigil to commemorate the Battle of Vimy Ridge. (Richard Lawrence)



2017 YOUNG CITIZENS FOUNDATION SCHOLARSHIP AWARD RECIPIENT

Maxime Corneau, Communications Officer, ACLC National Office, Ottawa, ON

The Army Cadet League of Canada (ACLC) and The Young Citizens Foundation (YCF) congratulate Cadet Chief Warrant Officer Stanford Lin, from Richmond, BC, and a member of the 2381 British Columbia Regiment (Irish Fusiliers) Royal Canadian Army Cadet Corps, who has recently been named recipient of the \$5,000.00 Young Citizens Foundation (YCF) Scholarship. An appropriate ceremony will be organized at the cadet corps to present this scholarship to Cadet Lin.



As an Army Cadet since 2011, Stanford has proven to be an outstanding individual and the best candidate year to win this scholarship. Cadet Lin has demonstrated great skill and professionalism during his career as an Army Cadet, which gave him the confidence to excel within the Army Cadet program. His great deportment and leadership skills have been important factors that have made him stand out at his corps where he has earned a few of the prestigious cadet awards and medals. It is also because of his volunteer involvement within his community that he has achieved the Gold level of the Duke of Edinburgh program.

Not only has Stanford excelled as an Army Cadet, he has also gained quite an honourable reputation within his scholar environment. Over the years, he has made it to the Principal's Honour Roll, is a published short story author all while participating in competition level sports. His passion for technology is what also brought him to participate in various computer science challenges. As Stanford states, "It excites me to ponder new methods of solving a problem and these competitions will satisfy my curiosity." He also states, "Fascinated by the passionate atmosphere, teamwork, and innovation, I hope to apply the theories of computer science I learn in lectures to create more efficient and reliable applications

within the health sector for the world to witness. Fueled by my fervent desire to create, I hope to utilize the opportunities and resources in college to launch products into action and help improve the lives of people." Clearly, Stanford is looking forward to attend one of the Computer Science programs at one of the Universities where he has applied. When adding all these factors and achievements, it is clear that Cadet Lin demonstrates the qualities to achieve personal and professional success and clearly meets the values behind the YCF

scholarship.

"The Young Citizens Foundation is proud to partner with The Army Cadet League of Canada in promoting citizenship among Canada's youth", says Mr. Gary Bennett, President of The Young Citizens Foundation. "It is critically important for our collective future that these young Canadians, who have experienced the benefits of participating in the Army Cadet program, further their formal education so that they may have a better opportunity to take on positions of leadership in our future".

The mission of The Young Citizens Foundation is to assist young Canadians to grow and mature as committed, knowledgeable and contributing Canadian citizens. The Foundation achieves this objective by encouraging young Canadians to participate in development programs operated by nationally recognized organizations that provide life-learning opportunities for our youth, which will significantly influence and benefit their development as committed Canadian citizens.

For more information about the YCF, visit www.youngcitizensfoundation.ca



Help Canada's young leadership move forward and strengthen Canada's future!

The Young Citizens Foundation promotes participation in nationally recognized citizenship development programs and offers financial assistance and scholarships to selected participants.

The Army Cadet League of Canada is delighted to partner with the Young Citizens Foundation (YCF) to provide an annual post-secondary scholarship to a deserving member of the Royal Canadian Army Cadets.

For more information about this scholarship opportunity view [Policy 17.3](#) of the [National Policy Manual](#) of the ACLC Website at www.armycadetleague.ca.

For more information about the Young Citizens Foundation visit www.youngcitizensfoundation.ca.



COULD YOUR CORPS USE AN EXTRA \$3,000 IN FUNDING?

You could be one of the four Army Cadet corps to receive an additional \$3,000.00 from the Gerard Buckley Cadet Fund.

View [Policy 17.1](#) of our [National Policy Manual](#) at www.armycadetleague.ca for details and access to the electronic [application form](#)

New extended deadline

JANUARY 15TH

APPLICATIONS WILL BE ACCEPTED UNTIL MIDNIGHT

FOUR ARMY CADET CORPS AWARDED A PRESTIGIOUS GRANT

Maxime Corneau, Communications Officer, ACLC National Office, Ottawa, ON

The Army Cadet League of Canada is pleased to announce the Army Cadet Corps who were chosen to receive the 2017 Gerard Buckley Cadet Fund Grant (GBCF).

The purpose of the fund is to benefit Army Cadets in Canada. These grants are intended to assist corps who are in communities in Canada where the resources for fundraising and donations may be limited. The grants will help sustain many of the costs for additional activities or the purchase of expensive equipment such as musical instruments, biathlon and marksmanship equipment, and various other items that help make the cadet experience worthwhile for the youth in these communities.

The **3055 Repulse Bay RCAC**, parades in the small remote Inuit Hamlet of Naujaat in Nunavut, where only 1000 habitants reside. It is due to their remote location and small community that very few residents have had the opportunity to experience life outside of the Arctic. This fact also makes it very difficult for the Cadet

Corps to fundraise large amounts of money for special activities such as their upcoming exchange in Port Alberto, BC

The **1786 Louis-Joseph Papineau, Papineauville, QC**, parades in the small town of Papineauville and could potentially serve the youth of the 24 other small, mainly rural communities, located nearby. Since the number of activities for the youth is limited within this region known as la Petite-Nation, this young corps, in only its third year of operation, hopes to increase the amount of activities available to its teenage population.



ACLC League representatives accept the cheques on behalf of the winning corps. From left to right: Bill Fletcher, ACLC National President, Ivan Wawryck, Special Advisor for the Northern Branches, Réjean Laprise, ED Quebec Branch, Sylvie Lefrancois, PResduent of the Quebec Branch, Kirk Jones, President, BC Branch and Gerard Buckley. (photo: F. Arseneault)

The **2963 Seaforth Highlanders of Canada RCAC** located in Sechelt, BC, located on the Lower Sunshine Coast which is only accessible by ferry or float planes making transportation costs for the corps quite high. In the past few years, the corps has been operating on a shoestring budget, and has not been able to provide many extras to their cadets. This funding will provide the corps the opportunity to replace their leaking tents and other camping gear along with their much

needed Highland kit which is in desperate need of replacement.

The **Royal Canadian Engineers RCAC**, trains in the small community of Wynndel a small rural town in the South Eastern part of British Columbia, nearing the Alberta boarder. Like many other small communities, their population is minimal making local fundraising difficult and their remote location bringing may young families to travel out of town for work. Although their main sources of fundraising stems from the profits the corps makes from the Poppy fund of the Royal Canadian Legion's local branch, it is through grants like this one that they are able to increase their funding for the activities they offer the cadets

Gerard Buckley

Mr. Buckley, a former Army Cadet, Cadet Instructor Cadre (CIC) Officer and now Director, The Army Cadet League of Canada created the Gerard Buckley Cadet Fund in 2001 jointly with the Army Cadet League of Canada and Scotiabank, to support optional

training for Canadian Army Cadets.

A few years ago, Mr. Buckley generously increased this support to the Army Cadet Movement by increasing the number of awards to four cadet corps, with grants of \$3000.00 each for a total of \$12,000 annually. The winning cadet corps will be using the funds to cover costs towards various activities such as; biathlon and marksmanship training, musical instruments, citizenship activities and wilderness and outdoor exercises. To date the GBCF has raised over \$250,000.00 and has awarded 36 grants of \$3,000 each to cadet corps where there is a challenge to raise monies for extracurricular programs and will continue to award grants for years to come.

Gerard and his wife, Mary MacDonald with their family have established a Donor Advised Fund "The Buckley MacDonald Youth Fund" which support youth based charities in Canada and abroad.



MAJOR-GENERAL W.A. HOWARD AWARD RECIPIENT FROM BC

Capt. Shiloh Gregorchuk, Commanding Officer, 2963 Seaforth Highlanders of Canada RCACC, BC

Submitted by Cathy Bach, BC, Chair, National PR Committee & Executive Vice-President, ACLC Board of Directors

Cadet Warrant Officer Makenna Gregorchuk from the 2963 Seaforth Highlanders of Canada RCACC, out of Sechelt, BC has been honoured with receiving the Major-General W.A. Howard Medal – which is awarded annually to only 13 out of the approximately 18,000 cadets in Canada – at a ceremony on Dec. 3.

"At first it felt unreal but now – like when my grandparents tell their friends or something – I feel like it makes it more real," WO Gregorchuk said. "When I got the medal it felt amazing. To be able to say that I'm the top cadet in B.C., it's incredible."

This medal is awarded to a cadet in each province and territory who has achieved the highest results in the fourth - year Gold Star training level.

Capt. Shiloh Gregorchuk – Commanding Officer of the 2963 Seaforth Highlanders of Canada, and Makenna's father – said he is very proud of his daughter. "It's huge – out of 18,000 cadets across Canada, she placed in the top 13," Gregorchuk said. "When you look at the number of



From left to right: Capt. S. Gregorchuk, Louise Prouse, member of the BC Branch and National Honours and Awards Committee, C/WO Makenna Gregorchuk, Roger Prouse, long time member of the BC Branch and Mr. Ernie Maddams, Sunshine Coast Representative with the BC Branch.

cadets across Canada and they only give out 13 of these awards – that's a huge deal. And it's a big deal that our small corps produced the top army cadet in British Columbia."

WO Gregorchuk is involved in a variety of senior level activities within the program, and her corps. The Army Cadet League of Canada sponsors the Major-General W. A. Howard award for outstanding cadets who demonstrate the highest levels of excellence.

"I try my best," Makenna said. "Especially if there are any cadets who need help."

"She's always smiling anyway," Capt Gregorchuk said. "But she just hasn't stopped since she heard the news."

View policy 13.4 of our National Policy Manual www.armycadetleague.ca/resources/policies-manual/ for more information about the Major-General W. A. Howard award.



PEMBROKE CADETS SHARE THEIR THOUGHTS ON THE COMMEMORATION OF VIMY

*Michelle Charest, Public Relations Officer, Sponsorship Support Committee for the 2642 RCACC, Pettawawa, ON
Submitted by Marilyn Walkom, National PR Committee, Ontario Representative*

Cadets from 2642 3RCR Army Cadet Corps marched alongside 2677 Pembroke Army Cadet Corps and 638 Algonquin Royal Canadian Air Cadet Squadron in the 100th Anniversary Vimy Ridge Parade and Ceremony on Sunday, April 9, 2017 in Petawawa, Ontario.

The parade and ceremony was a special commemoration of the 100th anniversary of the Battle of Vimy Ridge and also included serving members of the Canadian Armed Forces, Veterans, and members of the Royal Canadian Legion Branch 517.

Cadets often partake in ceremonial military events and citizenship activities to help them connect to their Canadian Heritage and Canadian History. The 100th Anniversary Vimy Ridge Parade and Ceremony was a special opportunity for Cadets to dress in uniform that proudly displayed their Vimy pins to honour and remember the Battle of Vimy Ridge.

Cadets from 2642 3RCR Army Cadet Corps put pen to paper to reflect on the impact April 9, 1917 and the sacrifices made had on Canada's past, present, and future.

"Vimy Ridge, during 1917 many made the ultimate sacrifice. To be celebrating this day on a parade was an honour. I felt the cold breeze that many after the war could not, for they made the ultimate sacrifice for their country. The True North Strong and Free Canada." – MCpl George

"It was great to see the town come together to remember such an important event in our Canadian history." WO Dempsey

"During the Vimy parade I felt very proud. Being in the Vimy Parade was an honour and the Vimy parade was an excellent way to make us remember about the Vimy

Bridge on April 9th 2017." Cpl Demers

"Pendant la parade de Vimy, je me suis sentie fière et honoré. Cette parade nous a permis à tous et chacun de se souvenir de la bataille de Vimy le 9 Avril 2017" – Cpl Demers

"Vimy means courage and sacrifice. It means that even though the conditions were harsh, they preserved like the brave soldiers they were. Imagine, you being 18 years old and going over to war to defend your country. Most 18 year olds today worry about a new exhaust or something, but them, they were worrying about whether they would live or die defending their country. This is what true courage is." – Sgt Ainsworth

"2nd Petty Officer Warrant Frampton delivered a beautiful speech and Vimy is the most important to me as it changed Canada forever." – MCpl Nordin

"What Vimy means to me is it was World War One that Canada helped win on April 9, 1917. – Cpl Broadbent

"The Vimy Parade was really important to me because it was a moment we say a great thank you to soldiers that sacrificed their lives and did not get the chance to come back to their loved ones. This battle that took 4 days is probably the first thing that brought our country together. So it took thousands of soldiers lives to unify our country and it proves to the world how good our country is." - RSM, CWO Rheault

"Lots of soldiers died at the the Battle of Vimy Ridge. I felt a bit sad at the parade. I also felt a bit happy because the soldiers did a good job at Vimy, because they wanted to protect their country. I was proud to be able to remember them." – Cdt Procure

Were you once an Army Cadet?

Can you attribute your personal or professional success to what you learned from the cadet program?

Your stories can inspire today's cadets by providing them examples of teenagers who came before them and persevered in the Cadet Program and have since, become successful, understanding it's not how far you get but how far you go from where you started.

Share your story, visit our [Success Story](#) page at www.armycadetleague.ca, to fill out the online form created for this purpose.

For questions contact Maxime Corneau at commsofficer@armycadetleague.ca

NEAS and the ACLC RENEW THEIR PARTNERSHIP FOR A SECOND YEAR

Maxime Corneau, Communications Officer, ACLC National Office, Ottawa, ON

NEAS and The Army Cadet League of Canada (ACLC) are happy to announce that their partnership will be renewed for a second year.

NEAS and the ACLC have been working together in supporting the activities of the Army Cadet Corps in Nunavut. In 2016, a corporate partnership agreement was signed between NEAS and the ACLC whereby NEAS would provide a financial contribution for each of the five corps to help support special activities organized by the five Army Cadet Corps in Nunavut. This year the corps will benefit again from this generous support.

The contributions will help the corps organize activities that are not supported by the Department of National Defence. With these funds, the corps will be able to purchase the necessary training equipment or items that would not be otherwise possible and enhance the

possibilities of offering quality activities for their cadets. It is with the ability to offer the quality activities that the corps, within the smaller and remote communities in Canada, remain viable and continue to attract more youth.

NEAS

NEAS contributes to sustainable economic development for the peoples and local communities across the Arctic by delivering better marine transportation with modern vessels, enhanced cargo services, and highly skilled and professional employees committed to customer service.

NEAS provides meaningful participation for local Inuit in the essential marine transportation business with training, employment and promotion opportunities. For details visit www.neas.ca.



CADETS COME TOGETHER TO HELP ON OF THEIR OWN

Capt Kim Peters, CO 1882 The Wellington Rifles RCACC, Guelph, ON

1882 The Wellington Rifles have an amazing, generous and passionate group of cadets in the corps. In the past 4-5 weeks a fellow cadet was the victim of an apartment fire. He is ok, however he and his family have nothing and will not be allowed back into their apartment for several more weeks. He is one of four children currently residing in a hotel.

When the cadets found out that this tragic event took place, the cadets, in particular C/Sgt Kira Robinson approached her Commanding Officer to see what she could do to help. She had written a proposal with several options on how to help the cadet and his family. Sgt Robinson decided to solicit the help of fellow cadets and officers to bring in gift cards for various locations they thought would help the family get back on their feet.

The outpouring of support from the cadets, parents and support committee was unbelievable! In the span of two weeks the cadets had raised over \$700 for the family. Cadets had donated used game systems, personal belongings, gift cards and cash. The cadet corps was having a tagging weekend while the gift card drive was going on. At the end of the weekend, the support committee also made a generous contribution on behalf of



C/Sgt Robinson and a corps officer visit the Tella family, victims of an apartment fire.

the cadet corps.

In total, the corps raised over \$1000 for the family. I had the pleasure to accompany Sgt Robinson, Mrs Skinner from the support committee and 2Lt Honey to present the items and gift cards to the family. We had arranged previously that we would be stopping by, however did not tell the family why we were coming. We arrived with our hands full of items. Mrs Tella was completely blown

away and speechless!! We didn't stay long, delivered the items and departed. The first thing Mr. Tella said was that they were going to share with their neighbours who were also affected by the fire. With everything they had lost and very little they had, their first thought was on their friends and neighbours.

The family didn't realize what was in the small little box that was handed to her until after we departed. Sgt Robinson received a heartfelt letter from the family thanking the corps for their overwhelming generosity and support in their time of need.

I would like to formally recognize Sgt Kira Robinson for her outstanding professionalism, empathy and leadership.



CANADA 150 & ME

C/WO Gordon Rhys Watson, 2685 The Yukon Regiment RCACC, Whitehorse, YK

Out of 1100 applicants for the Canada 150 & Me Youth Forum, an activity that is part of the Experience Canada and Canada 150 events across the country, Cadet Watson was at first one of the 150 youths selected to attend the Regional Forums and presented this dissertation at the event in Montreal this past April. Since this event, Cadet Watson, one of the very few from the Yukon at these events, was also chosen to attend the Canada 150&Me Youth Forum in Ottawa June 26, 2017. As he did for the Regional event, Cadet Watson will proudly wear his Army Cadet uniform at this event.

My name is Rhys and I live in the greatest country in the world, Canada. I know that this is a bold statement and is one that I do not flaunt unnecessarily as it doesn't endear me to others but, it's my reality. I have opportunities not afforded in many other places and I believe that we can share with others to make our country and this world an even greater place!

So where do I go from here? Let me start by telling you a little bit about myself, the challenges I have faced and what Canada has done for me and, in turn, I have done for others to make sure that I give back. I was born on 3 April, 2000 in Halifax, Nova Scotia and my differences were already apparent to everyone in the room. From what I can gather, I was not only jaundiced but also diagnosed with moderate-hemophilia. My parents quickly became involved with the medical community and advocated for everything that they could for my own well-being but, time-after-time; someone would treat me poorly because of my condition. Coupled with this is that I was speech-delayed and, though I knew exactly what I wanted to say, wasn't able to get it out as clearly as my friends. In these early years I learned a lot about bullying, being treated different and I was always underestimated. As funny as this sounds but I am glad that this happened as other people that were treated differently soon became my friends. We gravitated to each other and empathized with each other's challenges. We didn't see each other as anything different; we were all simply friends hailing from First Nations communities, Arabic, Persons with Disabilities, African Nova Scotian, Bleeding Disorders and the like. We enjoyed each other's company and life, we saw through the veils of what others would consider differences and there was never a reason to not accept each other.

As I grew I attended many functions with my father in diverse communities. He was a military officer that supported diversity and inclusion and wanted me and my sister to be part of the experience, learn about other cultures, make friends and see the best in people. We attended Sweat Lodges, Pow Wows, commemorating

African Nova Scotian heroes such as William C. Hall, VC and many others. This exposure helped me start to understand just how diverse our country is and how it is one of our core strengths. My father, always interested in history, reminded me that it wasn't always this way and we too, as a people, learned and evolved over time to truly understand our differences, the key component being education and awareness taken from a variety of sources. I remember when I was five years-old and my father said that he had to leave home, to help people far away, who needed him, need Canadians, to protect them and make things better. He headed to Afghanistan with a contingent of other soldiers, in his mind, like many of them, to make a positive difference. You see, this is where I started to understand that he knew from his father who was very involved with the United Nations, that Canadians made a difference. It was then that I made the connection, that our diversity and acceptance of others is our identity that couldn't be more personified any more than watching my father go out the door in his tan-colored Canadian military uniform with one thing in mind, to work with and help others.

What is Canada's greatest challenge or opportunity facing your generation?

While he was away I spend a lot of time at my Great-Grandfather's place. He's a true Canadian having joined the military in 1939 at the age of 17 and served until 1945 later joining the police and serving another 37-years. To him it's always service before self. My Great-Grandfather doesn't speak often about his experiences in the Royal Canadian Navy throughout the Second World War but when he does, there is always a lesson threaded-in meant for those who are listening. These are the times that I pay extra-attention, to make sure that I don't miss a word, so that I too can pick-up on his message and remember it for as long as I can. One day he spoke about a convoy that he was a part of, serving on the K113, Her Majesty's Canadian Ship (HMCS) ARVIDA. It was one of many convoys he was on across the North Atlantic. He said that they were protecting convoys against U-Boats and other dangers that threatened the fleet. He said that they always had time to meet people they used to sail with who came from many places around the world, particularly Canada, Britain and the United States, before leaving Port to start the long sail to Europe that was already engulfed in war. He liked the people with whom he served and knew a lot of them personally who served on other ships. It was a big job and every ounce of work mattered as all of their lives depended on it. From how I understand it, convoys could be long, boring but, at the same time, busy and tiring, going through the same drills over-and-over again until reaching the destination Port. On this particular convoy things changed for him. It was the first time that the drills were no longer practice, they were real and his group was

being hunted by the Wolf Pack in the night. He saw torpedoes in the water and explosions but the one that made him stop, if time had stood still, was the one that sunk the HMCS Ottawa, 114 sailors losing their lives, many of the 69 survivors being brought on board his ship. He had a lot of friends on the HMCS Ottawa, losing all of them. It was on the steam home, after the convoy scared the U-Boats away, tired, running out of rations and concerned that they would be attacked again that he realized just how short life is and that we should do all that we can to help others if we can, even if in danger, as they did pulling-up the survivors out of the ocean. His convoy was predominantly a merchant convoy with sailors hailing from around the world all working to save the next person's life, not caring whether they were different or not. My Great-Grandfather told me that everyone is important and that no matter who you are or what you are, everyone has something to contribute to the team. Treat everyone with dignity, respect and courtesy and good things will come.

It was this story from my Great-Grandfather that helped me appreciate what my father was doing even more. He supports diversity, teaches it, exposes other to new cultures and ideas and wasn't just taking me to meet other young kids to play with, but to educate me and inculcate me with being open and acceptance of diversity, to appreciate it and welcome it always. His service was a physical symbol to me of being the Canadian Identity leaving to support others as his parents had done so and our ancestors for centuries. His and my Great-Grandfathers call to service was, in many ways, taking Canada beyond our borders to help others. As I have heard many times in my house, *Facta non Verba*, action not words.

I know that I am just 16 and haven't experienced the world but also understand that here, in Canada, I live in a safe country that will allow me to have the opportunity to learn about new people, places, ideas and things that in some countries could have you punished severely. I can ask honest questions to learn honest answers without reprisals. I also know that our country isn't perfect, even today, but still far better than many. Canadians are welcome nearly everywhere for who we are, tolerant, nice, accepting, diverse. A Canadian can be any color, any clothes, any ethnicity, and belief, any orientation, any



Cadet Watson, proudly wears his Army Cadet uniform for his presentation in Montreal.

gender, simply anything. It's who we are and what we do with others that makes us Canadian. This was learned over a long time with many immigrant communities, First Nations and others working and living together in this land over the centuries. We learned this and I believe that we can teach others around the globe. It doesn't have to be a military operation but could take many forms such as health, trade, science, justice and many other venues where people converge. There is tremendous opportunity built also there is tremendous risk.

Over the next 150-years, as humanity grows in size, technology increases and resources become more scarce, so too does

the need for people to work together to find positive solutions for all humanity. Not everyone thinks like us and, some may feel threatened by our openness and inclusiveness in terms of their own sense of identity and values. It can happen both inside and outside our borders. I believe, in order to prevent this, that we must continue to invest in diversity, invest in others and share ideas, educate people about who we are and understand who they are and accept our differences, genuinely. We must absolutely avoid drawing inside of ourselves focused on what makes ourselves different and then not accepting others who are not the same. The education of diversity cannot be taken away once learned and spreads fast and far so long as it's promoted and nurtured. We as Canadians, now that we know this, have to keep moving forward, talk about it, physically help others, learn and share with others to find the solutions that will make this country an even greater place 150-years hence. We will have opposition, we will have criticism, we will make mistakes from time-to-time but as long as we confront these positively and learn from them, the better we will be. We have to always work on this, life is short and could be over before one knows it. Canada has something truly remarkable to share with the world over the coming 150 years, our greatest opportunity, our greatest challenge ... us ... Canadians.

I wholeheartedly believe that our diversity is our Canadian Identity.

For more about the Canada 150 & Me Youth Forum event visit :

www.experiencescanada.ca/150/forums/national-youth-forum/



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INTERNATIONAL EXPEDITION

MWO Zachary Surette, 3036 Sackville Lions Royal Canadian Electrical Mechanical Engineers (RCEME), NS

The International Expedition to Chile was an amazing feat for me. Since I had done my General Training course at Argonaut CTC I wanted to complete the international expedition because my staff cadet had done it and I seen her pin. I asked questions and being only a 13 year old, first time being away from home for a long period of time and hearing her say "It could very well be you someday you did the over nighter great" was a thing of fairy tales. And so I went on to doing every expedition I could possibly apply myself to. Starting with Basic Expedition, then Expedition Instructor, onto Leadership and Challenge, a regional, and staffed the summer for Basic Expedition as well as 12 zone expeditions. And when I was told about getting accepted I almost fell over on the parade. I had reached my 5 year old goal. Now to complete it.

When I was at the airport I honestly was just thinking to myself "meh, it's chill." Just trying not to freak out with excitement. The flights to get to British Columbia from Nova Scotia were interesting because the escort officer thought that I wasn't coming to my connecting flight in Quebec, I found him but he was confused! Then when I landed in Vancouver they canceled my flight to Victoria due to the snow, so we ended up taking the ferry. Total travel time was 23 ½ hours. I got my kit and jacket the next morning, while trying to figure out people's names. Meanwhile I am noticing how different the pacific air is from what I am used to, being that I live near the Atlantic Ocean. It's different, I don't know how, but it is. Once ready to leave, we took the multiple flights to Chile and 28 hours of flight travel later, we landed in Punta Arenas. I had a window seat for the final flight, I spent the entire time staring out it as we flew into Chile. Looking at the different landscape with the mountains, glaciers, volcanoes, desert land, and the water, especially the water, all of it was such a rich blue, it was truly incredible.

Once we finally landed in Punta Arenas the first things I seen were very intriguing. Our guide's accent was amazing and he had an obvious passion for his city and country.

The second things I noticed were the number of stray dogs,

The Chile Expedition Team posing with their Goretex jackets provided by Cabela's



who were just wandering out and about, no leash or collar for them. Later we got to the hostel and I called my parents that night. My dad told me that I am the first Surette to ever cross to the southern hemisphere. If that didn't give me a sense of pride in don't know what would! Over the next few days we toured Punta Arenas and got our gear packed up and ready for the World Famous W Circuit and paddling through the Patagonia' water.

Once we got on our way we started seeing the Guanacos (a wild Andean mammal similar to the domestic llama) roaming freely through the fields, pumas, and chilean deer. Over the next few days we seen La Torres del Paine National Park. The views were all absolutely stunning, which I will remember for the rest of my life. I also got to see an avalanche in the glacier, experienced sleeping platforms on the side of mere cliffs, crystal clear water that is glacier blue color, bridges that look as though they would collapse in a good breeze, the pounding head wind, and us moving along our adventurous path, going where no Cadet had gone before. Afterwards we did the kayaking and it was pretty much ice water, all of it is fed by glaciers thawing so even in the summer, the water is never really warm. We walked up stream through the trails with our kayaks to reach the spot located in true back country where we would sleep and with no one around for kilometers. The next night our guides had spoiled us with an amazing lamb dinner. I can honestly say best thing I have ever eaten in my life, so good! Anyways on the last day of kayak we decided to portage the kayaks to a glacier melt lake, which we toured and enjoyed a friendly with my teammate Terence, who won, no prize but that's more than ok. And that is where the expedition had come to an end.

The whole experience was unparalleled to anything I had ever experienced, I don't know how on earth I was chosen, all I do know is that I am extremely lucky to have had the opportunity to see the world with cadets, and that I'd like to thank anyone and everyone for their support.

Thank You Army Cadets Canada.



Follow the Army Cadets on their annual expeditions & view their photos
[RCAC Expeditions](#)

PLEASE SUPPORT THE ARMY CADET EXPEDITION PROGRAM

Your contributions are appreciated. Thank you.

The Army Cadet Expedition is the premier Army Cadet activity known as the Ultimate Army Cadet Challenge, challenging the best Army Cadets in Canada to push their mental and physical limits. This travel experience provides cadets the opportunity to put into practice the self-reliance, leadership, and spirit of adventure they have learned at their local cadet corps and during their summer training at the Cadet Summer Training Centres (CSTC). It also magnifies their sense of what it is to be a Canadian!

The Army Cadet League of Canada and its donors support the Expedition cadets by providing the extras that add to the excitement of the trip. We add to the funds committed by the Department of National Defence with an annual fundraising campaign to provide additional equipment specific to the destinations and the activities of each expedition. This ensures that the cadets have a first class experience and guarantees that the country visited appreciates that we in Canada support our youth in a meaningful way.

Please donate annually. To do so, you may contact our National Office by e-mail at national@armycadetleague.ca or by using our [online donation form](#)

We would like to thank all the donors who have generously donated funds over the years, helping to make this an amazing experience for all the cadets.

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HONEYBADGERS SUIT UP FOR THE NOA BIATHLON COMPETITION

Michelle Charest, Public Relations Officer, Sponsorship Support Committee for the 2642 RCACC, Petawawa, ON

2642 3RCR Army Cadet Corps' Biathlon team, known as the Honeybadgers, faced fierce competition at the Northern Ontario Area (NOA) Biathlon Competition in Sault Ste. Marie in January 2017.

"We didn't take home medals, but we had some awesome top 20 finishes!" said Coach Captain Destiny Genoe. Coach, Captain Genoe, was also recognized for her coaching efforts and brought home the coaches award. The award is a tribute to her dedication, development and success with the Biathlon Training Program at 2642 3RCR Army Cadet Corps.

Over the past three years, the Biathlon Training Program has blossomed out of thin air to a thriving team of young individuals, boys and girls, who diligently train hard with the abilities to compete at the highest levels. Last year's biathlon team saw Cadets compete provincially against the best from other Cadet Corps from across Ontario.

This year, 10 cadets were selected and the Honeybadgers began training in October, practicing at least twice a week in preparation for the competition in January. Coaches, WO Chenard and Captain Genoe, not only felt it was important for the team to get a good head start but also to focus on fitness, strength, and endurance.

The Cadets' biathlon training included marksmanship and cross-country skiing as well as running and circuit training occurred at various spots throughout the Petawawa region like Jubilee Lodge and Marina, Forest Lea Trails, Dundonald Hall and Korea Hall.

Only eight Cadets would compete in the NOA Biathlon Competition with two acting as spares. The Honeybadgers could not have been more ready for competition. The biathlon team also purchased new biathlon suits and had their skis fine-tuned and waxed



Coach Captain Destiny Genoe, was also recognized for her coaching efforts and brought home the coaches award.

by GearHeads Petawawa.

While no Honeybadger advanced to compete in Regionals, they were extremely proud and pleased with their final outcomes. The cadets all recognized the role and impact training and physical fitness when they reflected on their NOA Biathlon results. "You do it and in the end you're glad you did the training," said Cadet Cpl Beaulac.

MCpl Chenard said she felt ready and was more proud of her results than last year. "I beat my time and I hit my targets." She attributed her results to more practices and getting better at techniques in skateskiing. Knowledge of the trails and what to expect as a more experienced biathlete were added bonuses, allowing her to focus on specific areas of improvement.

Sgt. Rose, a second year team member said, "I was more prepared and ended up cutting my race time in half from last year." He not only individually placed thirteenth, but he also excelled in marksmanship, shooting five for five to win the clean shoot award.

As a third year veteran, WO Fortin observed significant improvements in his biathlon race. "I skied faster and had a better physical fitness level. I didn't give up and hit more targets on the range."

While in his first year on the team, Cpl Alyea had a different experience, acting as a spare for his teammates as well as a member of Cadet Staff during the NOA Biathlon Competition. He still felt the training paid off in the end and liked the opportunity to go and compete. "Our training got us into the habit of staying fit," said Cpl Alyea.

Biathlon also adds value and benefits to a Cadet's enjoyment and development within the Army Cadet Corps. "It brought us closer together," said Cdt Alegria. "I joined for the training and to meet new people. Plus,

I liked representing the Cadet Corps.”

“It was a great opportunity to try something new that I had never tried before,” said Cdt Pelletier. Cdt Pimentel said for him it is a combination of everything – “the training, physical fitness, and team work.”

Cdt Ayuste noted biathlon’s self discipline. “It made me less lazy. It encouraged me to do more on my own,” she said. It shows. The Honeybadgers continue to train on the weekends even making it out to enjoy a cross-country ski on Family Day, setting their sights on other Biathlon competitions within the Northern Ontario Region and next year’s NOA Biathlon Competition.



A group photo of the Honeybadger team , proud of their results for this year’s competition

The Honeybadger team motto is ‘Pain is temporary, quitting lasts forever’ and is imprinted on the back of their biathlon suits. “Even if the training is hard, you should not give up and miss out on the experience. Pain is only going to last a few days, but if you quit, it will stay in your head forever,” said WO Fortin.

As for Captain Destiny Genoe, she hopes to expand 2642 3RCR Army Cadet Corps’ Biathlon

Training Program for next year, increasing in size as well as the capacity to train year round.

THE ACLC OFFERS A NEW POST SECONDARY BURSARY

The Major Terence Whitty, CD, KCStG Memorial Bursary is a special bursary administered by the Army Cadet League of Canada. The surviving members of Maj Whitty’s family and the Army Cadet League of Canada created the bursary jointly, as a formal method of memorializing Maj Whitty’s contributions to the Army Cadet program.

Maj Whitty was a former Army Cadet, former officer with the Canadian Grenadier Guards, former Cadet Instructor Cadre officer and longtime member of the Army Cadet League of Canada. Maj Whitty was also a well-respected and well establish businessman in both Montreal and Ottawa.

Throughout his life, Maj Whitty assisted a number of cadets who, for a variety of reasons, found themselves to be in financial distress or in need a simple helping hand.

As a result of his generosity, The Major Terence Whitty Memorial Bursary was created to assist an Army Cadet pursuing post-secondary education and in need of financial assistance.

Donations

Anyone who wishes to donate to the Bursary may do so at any time.

Use of Bursary

The Bursary may only be used for expenses directly associated with the pursuance of an accredited post-secondary education.

Application Requirements

All applicants must:

- Be an active Army Cadet on the awarding date of 30 June; and,
- Be enrolled or accepted into post-secondary studies at an accredited educational institution.

APPLICATIONS ARE ACCEPTED UNTIL MAY 31st ANNUALLY

Please note that the ACLC will be offering it’s 1st Major Terence Whitty, CD, KCStG Memorial Bursary in June 2017. Applications for 2018 will be accepted starting in January 2018.

For more details, view Policy 17.4 of the National Policy Manual: www.armycadetleague.ca/

VOLUNTEER RECOGNITION

Robert Gill, ED ACLC National Office , Ottawa, ON

Under the guidance and direction of our national Vice President of Membership, Ms Melanie Gilmour, the Army Cadet League of Canada conducted a discussion group on issues that the League's membership was facing at our recent National Annual General Meeting. One of the top areas of concern was the lack of recognition received by volunteers and League members at all levels of governance. Many of our own members are familiar with honours and awards for cadets and officers, but very few take the time to recognize our own or know how to.

Did you know? *Our volunteers and League members contribute approximate \$14.4 million in volunteer time each year.*

The most basic form of recognition could simply come in the form of an old-fashioned thank you card, sent in the mail, hand delivered or presented on an Annual Ceremonial Review. This simple gesture, done by a League Liaison, Corps' Commanding Officer or even a senior cadet, can pay dividends towards not only demonstrating appreciation for a volunteer's work but it may assist in retaining volunteers. Every volunteer deserves a thank you for without them, this program would collapse.

Some Cadet Corps and most Branches have awards for Volunteer of the Year or Member of the Year. Some Branches even recognize outstanding Support Committees. While criteria for these awards differ from Corps to Corps, Branch to Branch, recognizing volunteers and members who go above and beyond is equally important as simply saying thank you. While none of the recipients of these awards sought to receive an award, each had become extremely emotional when hearing the citation read aloud.

If you don't have such an award at your Corps, perhaps it is something to think about.

Did you know? *If you do not nominate volunteers, they will never be formally recognized. In many cases, all that is required to submit a nomination is writing a letter or an email.*

Nationally, every year, the ACLC recognizes our most deserving members and volunteers through the National Member of the Year Award. This recognizes a member in good standing who has performed exemplary service

to the League at the National and/or Branch levels. Past recipients of this award are as diverse as a memberships and volunteers. They range from former military officers and Senators to our local volunteers who have all made a positive impact on the ACLC and the Army Cadet program. In addition, the Chief of Defense Staff, through the Chief of Defense Staff Citation, recognizes exemplary members and volunteers for their contributions to the Army Cadet program.

Her Majesty created the Sovereign's Medal for Volunteers to celebrate and recognize great volunteers who contribute to their communities and selflessly offer their time and effort. The ACLC is pleased to say that one of our first known ACLC member to receive this medal is none other than Mr Francois Arseneault, Chair of the History & Heritage Committee, creator of ArmyCadetHistory.com, founder of the Vernon Cadet Camp Museum and Director of the Vernon Museum. While Francois may be first and extremely deserving, we know that there are several other members who are equally deserving, yet go unrecognized. Ensuring recognition for our volunteers is often as simple as writing a letter or filling out an on-line form caring.gg.ca

Did you know? *Any member of the Army Cadet League of Canada who is in good standing may be elected to the National Board of Directors and become a member of the National Executive.*

One of the greatest ways of recognizing our volunteers and members, is by promoting them within our organization itself. This also helps us retain our most valuable resource – the volunteer. Each of our local volunteers and members have unique skills and abilities that when properly channelled, can benefit everyone. Often, deserving people leave our organization simply because they were never asked to do more, while others are too afraid to ask for more responsibilities out of fear of being rejected. It takes very little effort to simply ask.

Ms Gilmour's advice to everyone is simple, "Buy them a coffee or send them a thank you card. Nominate them for an award or ask them for help. Make everyone feel needed and appreciated. None of this will financially bankrupt us, but if we forget to recognize our volunteers, we will lose them."



Francois Arseneault pictured here with BC's Lieutenant Governor

Don't forget to thank and recognize your volunteers, they are so valuable.



In 2007, The Army Cadet League of Canada introduced the Volunteer Service Medal (VSM), to recognize continuous and meritorious service of deserving ACLC members and volunteers.

For more information about this award, visit the National Website Policy Manual, [Policy # 13.17](#)

It is important to note that Volunteer Canada also has many resources and programs established to recognize our volunteers from across the country.

Visit www.volunteer.ca for more details



BULLER CLIMB

Capt Christian Stenner Officer in Charge, Calgary Cadet Expedition Site DND

On June 25, 2016, Two PPCLI Cadets and two CIC officers participated in an adventure in the mountains of Kananaskis, Alberta, to raise funds for Occupational Stress Injury (OSI).

The event, “Reaching the Summit for Mental Health and Wellness” was a partnership between the PPCLI Foundation and the Calgary Health Trust. It was a fundraiser, adventure, and historical commemoration all in one that challenged all those who took part. The objective was to reach the summit of either Mount Buller or the summit of Buller pass in Peter Lougheed Provincial Park. The mountain and pass were chosen as they were named after LCol. H.C. Buller, Commanding Officer of the PPCLI who was killed in action in World War One. The event was planned around the 100th anniversary of LCol. Buller’s death, June 2, 1916. In conjunction with that the historical commemoration was to install an informative sign at the Buller mountain day use area, along with a ceremony and dedication by the Honorable Kent Hehr, Minister of Veteran’s Affairs and Associate Minister of National Defence.

But there was much more to this for the participants, as those participating would be climbing with some Canadian climbing legends. Mr. Laurie Skreslet, the first Canadian to climb Mount Everest, and The Honorable Dave Rodney, Member of the Legislative Assembly of Alberta and the first Canadian to summit Mt. Everest twice, would both be part of the climbing team as guides. Herein lay the first challenge. Those who wanted to participate had to fundraise in order to join the climb, with

each climber committing to a goal amount of \$2500 each. The funds raised would be committed to programs to assist veterans suffering from Occupational Stress Injuries. Another linkage was the Alberta Legislature establishing PTSD Awareness Day to be marked annually on 27 June.

Appeals were made to Cadets to participate, and in the end Cadet CWO Travis Nickel, Cadet MWO Sam Arsenault, and Lt. Stephen Yuzwak of 2554 PPCLI Cadet Corps in Calgary signed up along with Capt. Christian Stenner of the Calgary Cadet Expedition Site who was part of the event organizing committee. It was fitting that MGen (Ret’d) Barry Ashton of the PPCLI Foundation was spearheading this event and had been the reviewing officer for these cadets’ Annual Ceremonial Review a few years’ prior.

When the day finally came, the group of climbers – cadets, soldiers, veterans, and supporters all started out in a light rain but otherwise good weather. Hiking down a forested path towards Buller Pass, the cadets found themselves in the front of the pack but directly behind Laurie Skreslet who was leading. “Slow your pace when going uphill, you should be exerting the same amount of energy going up as while going flat”. One of the many bits of advice the cadets were able to glean from hiking with Mr. Skreslet. After a few kilometers of steady uphill through the pine forest, we took a sharp left turn off the trail and into a rocky gully. Advancing further upwards we broke through the thicker forest and were treated to great views across the valley, snow packs and mountains across the way. We could see our first objective



Cadets are careful at every step taken as they rise to the summit.

far above, a col in between Mount Buller and a lesser peak to the south. It would take some steady uphill plodding up the rocky terrain to reach the col but the cadets persevered and trudged upward and onward.

It was about noon when the main group reached the col. Now 600 meters higher than the trailhead this was a good place to rest and have lunch before the remainder of the climb. The summit was still kilometers of distance and another 400 vertical meters of climbing higher. But, we were now above the tree line and could see down the other side of the valley to the spray lakes from the col. A huge snowpack here provided some entertainment with a couple snowballs thrown and some great views for photographs. A team of soldiers from 3rd Battalion PPCLI manned a radio relay at the col, part of our safety plan.

The next phase required we don helmets and harnesses, as there was more rock fall danger and a safety line was installed in case sections of the route were slippery. With a shortage of equipment, we split into three teams to make the final push. Another steady climb commenced as we switch backed up the scree slope and rock. The crux of the route was a section of limestone slabs near the summit. The view was exhilarating, with steep drops on either side of the ridge. Very carefully placed steps kept all of us safe through the slabs and onto the final stretch.

Treading carefully we traversed the last stretch of ridge



Cadets are about to start their climb to reach their goals and support the event organized by the Calgary Health Trust



Cadets proudly display their banner once they reached the summit

and finally made the top. A cairn marks the summit, installed to commemorate LCol Buller in honor of the 100th Anniversary of the PPCLI in 2014. Summit photos were taken and the summit register was signed. With the cold and wind, we didn't linger, and started to make our way back down as it was now late in the day.

Back at the trailhead the Cadets enjoyed burgers and pop provided by corporate sponsors and the Calgary Police Association's mobile BBQ trailer. A great reward after a challenging day. MWO Arsenault stated that this was the best experience he had in his entire cadet career... quite a statement as MWO Arsenault had a full cadet career and was about to age out with a goal of joining the Regular Force.

This small crew of four from the Canadian Cadet Organizations managed to raise \$8000 towards the cause, and if you count some corporate donations made to "sponsor a soldier/cadet" the amount you could attribute was in the \$10,000 range. The event raised nearly \$80,000, and the first grant of funds was released to the Outward Bound veteran's program which supports veterans with OSI through adventurous activities. "Reaching the Summit" is turning into an annual affair. The climb will continue in June of 2017 with a new objective at Mt. Farquhar, named after another of the PPCLI Commanding Officers who was killed in action. This year we are hoping to raise more than \$100,000 and will be looking for some strong Cadets to step up to the cause.



Do You Know What The National Office Can Do For You?

Are you aware that the National Office of the Army Cadet League of Canada can offer a variety of tools to work with and provide you the support you may need?

To find out more visit our Toolbox page: www.armycadetleague.ca/toolbox/

HALIBURTON CADETS TAKE AIM AT NEW SPORT

By Darren Lum, Published March 7, 2017, The Echo, Haliburton County
Submitted by Marilyn Walkom, Ontario Representative of the National PR Committee

The cadets of 1129 Hastings and Prince Edward Regiment Royal Canadian Army Cadet Corps - Haliburton are still excited about their unique relay biathlon experience from Jan. 21 to 22 at the Eastern Ontario Biathlon Competition held at Camp Fortune, Gatineau, Que.

For the first time, the cadets of Haliburton took to the trails, skiing up to 10 kilometres, and then over the course took two opportunities at a range to aim their .22 rifles to shoot five targets 50 metres away (on two separate occasions) in the sport of biathlon – an event that combines the cardiovascular test of Nordic skiing with the intense focus of marksmanship. For this event, the rifles were not carried and were only at the range.

Sixteen-year-old Tricia Powell, who has been with the cadets since she joined at 12, enjoys and excels in marksmanship. An “occasional” Nordic skier, she welcomed the challenge of combining shooting with skiing to compete in the open mixed (12-18) with an assigned relay partner in Quebec. “I’m not a bad skier and I thought it would be fun to watch my cadets ski and hopefully pick it up for myself,” she said. Powell has been shooting since she started with the cadets and shot perfectly through two rounds for a mark of 10 for 10. Had she missed, she would have had to ski a penalty lap.

She savoured the opportunity to compete against other cadets, who might have been better shooters or just physically stronger than her in the event. Despite the long odds of a result-based success, she was very proud of her resilience to overcome the urge to quit during the race.

In hindsight, being able to push through and finish provided her great satisfaction. She’s even looking forward to competing next year. “I would do it again. It was actually quite enjoyable,” she said.

The cadets commanding officer Dan Collings, an OPP

Haliburton cadets Corin Gervais, left, Aiden Hill, Jakob Bull, Patricia Powell and Kennedy McCracken are the first biathlon team from Haliburton to compete at the Eastern Ontario Biathlon Competition held at Camp Fortune, Gatineau, Que.



sergeant and marksmanship trainer, said offering biathlon is about giving opportunities for youth between 12 and 18 to develop physically and mentally. He adds the cadets is all about testing personal limits, offering outdoor activities, encouraging fitness and a healthy life. Team building is also part of the experience of the cadets.

Even the fitness program offered with cadets isn’t just about physical training. It includes team building, leadership, promotes friendly competition and fun.

Cadet Powell appreciates the experiences the cadets can give her and believes it has provided her opportunities such as learning about the natural world and how to survive in the outdoors. For the outdoors lover, the cadet corps is perfect for that kind of person, she said. They meet every Tuesday at 6:30 p.m. at the Haliburton Legion during the school year. The other cadets that competed were Kennedy McCracken, 13, and Jakob Bull, 14, who competed in the junior male team competition.

“We’ve got renewed interest. It’s a really positive stimulus for our cadets that want to participate in biathlon. It’s something more for them to do,” Collings said. “We felt we didn’t have enough interesting active stuff for them to do.”

Although he appreciates the marksmanship program like his cadets, he believes biathlon adds another dimension. Collings said biathlon is a unique sport that tests not only the physical attributes, but rewards individuals for their focus and attitude. The sentiment of just doing your best is high on mind for Collings. He said biathlon is part of an offering to interest more children and youth to join.

Choosing OPP constable Stu Humphries as the coach for Haliburton made sense because of his long-time involvement in Nordic skiing with his own family for recreation.

Since last year the Highlands cadet corps (due to its

size) joined the 2672 Royal Canadian Army Cadet Corps of Peterborough. This enabled the cadets here to receive help in the form of coaching and time at the Peterborough Revolver and Pistol Club through the much larger cadet corps, as it had been involved with biathlon for a few years. Humphries initiated communication with the Peterborough biathlete coach for help and also co-ordinated to have his cadets go down to Peterborough to receive hands-on training over the course of a few weekends with the .22 calibre rifles.

The cadets didn't have to pay for the preparation or the experience of competition thanks to the support from organizations: the Peterborough Army Cadets, the Haliburton Highlands Nordic Ski Association, the Royal Canadian Legions of Minden, Haliburton and Cardiff. Haliburton residents Kit and Len Pizzey donated skis. Additional support has since come from Cintas of Lindsay, who has five donated shooting pads. Collings said biathlon helps to keep cadets interested in staying with the corps and draws new members like the top placing team, the junior male (12-15) team of Aiden Hill and Corvin Gervais, who only joined a week before regional competition.

Although they placed a very good fourth place in a field of at least 26 other teams, they will not advance to the provincials.

Gervais said he didn't shoot as well as he would have liked, but their strong Nordic skiing was the difference. Twelve-year-old Gervais has been Nordic skiing for close to seven years, but had never shot a gun before this year and found it exciting. Although his shooting score wasn't as good as he'd like it to be, he appreciated the novelty.



Haliburton cadet Aiden Hill, who partnered with friend and fellow cadet Corin Gervais, both 12, finished fifth in the junior males (12-15) category at the Eastern Ontario Biathlon Competition held at Camp Fortune, Gatineau, Quebec

There was a challenge to shooting while skiing in the competition. "You had to stop and slow down," he said.

He adds it's a practice he knows he can use in other areas of his life such as concentrating. The strong placing came as a pleasant and satisfying surprise. "It was impressive to us because we've never done anything [like this before]. He [had] shot [only] once in his life. Aiden and I have known each other for a long time and he started skiing when I had and that was really fun," he said. Hill agreed with this friend about the experience.

"I was surprised that I won fourth out of what I believe was 50 other cadets. Not only did I place well for a first timer, but I also had a great time in Quebec. It was a unique opportunity to visit another province and I hope to go back in the near future. Overall a great and fun experience," Hill said.

Word of mouth was integral for them to join the cadets only a week before the competition. The two had been intrigued by a visit from a cadet representative, but the biathlon "pushed it over the edge" for them, Gervais said.

He has thoroughly enjoyed his experience with the cadets so far and was excited for more opportunities such as winter camping this past weekend. Gervais encourages other youth to join the cadets. "It's a lot of fun. You meet a lot of new people," he said

- See more at: <http://www.haliburtonecho.ca/haliburton-cadets-take-aim-at-new-sport#sthash.d15FWYq8.dpuf>

The Vernon Cadet Camp Museum is growing.

In order to help cover costs to develop these exhibits the Vernon Cadet Camp Museum will be hosting their annual Summer BBQ this coming August 19th.

Your help with donations or gifts for the auction is appreciated.

Should you wish to contribute financially, please send your donations to Vernon Museum 3009 32nd Ave, Vernon, BC V1T 2LB. (tax receipts will be issued for donations over \$25). Please indicate that this is in support of the Vernon Cadet Camp Museum.

Or donate online here: <http://www.vernonmuseum.ca/donate.html>

For details contact Francois Arseneault at vernoncadetmuseum@gmail.com



2017 KOZAR CUP MEMORIAL DRILL COMPETITION

Robynn Pavia, Alberta representative for the National PR Committee

On May 6, 2017 the Alberta Branch sponsored and planned the Kozar Cup, an Army Cadet Drill Competition open to the top drill teams from each zone in Alberta as well as the MWO Fred Bootle Top Drill Commander award.

Colonel Kozar was an icon of the Cadet Movement of Canada. He started his association with Cadets in 1954 as a CI in Thorsby and in 1957 he was commissioned into the Cadet Services of Canada (CIC). Over time he served as CO of five Corps, the Administration Officer at Banff National Army Cadet Camp, and the adjutant of the Western Rifle Coaches Course.

MWO Fred Bootle CD1 was the ACA for Alberta Army Cadets. He had a successful career as an Infanteer. He demonstrated a passion for the goals of the Cadet Movement especially the 3D's: dress, drill and discipline.

The reviewing party was made up of the RO LCol Richard Palfrey, CD, Mrs. Dolores Kozar and Mr. Ian McDermid, CD Vice President ACLC AB.

The dress and drill by all cadets was excellent and the judges had a tough job scoring the competition. The judges were made up of CWO Donald Colombe, CD,



C/MWO Currell speaking with Mrs. Kozar.



CWO Holwell presenting Top Drill Commander to C/CWO Solomons

CWO Paul Holwell, CD and MWO David Bibby, MMM, CD.

This year the competition was made up from a Combined Team (made up from cadets from 1955 Service Battalion RCACC, 2137 Calgary Highlanders RCACC, 2509 Signals RCACC), 139020th Field Artillery RCACC, 2051 19th Dragoons RCACC, and 2733 Service Battalion RCACC.

The MWO Fred Bootle Top Drill Commander Award went to C/MWO Solomons from 1292 Lord Strathcona's Horse (RC), Calgary.

First place and Top Drill Team in Alberta was presented to 1292 LDSH Calgary. This Corps has had a consistent showing in the last few years and they are the team to beat.

Second place went to 2733 Service Battalion Edmonton.

They had a snappy drill routine and will definitely be a contender for future Kozar Cups.

Third place went to 1390 20th Field Artillery Red Deer and fourth place went to the Combined Team from Calgary.

EMBRACING A NEW CIVICS PROJECT

Capt Debra Parsons, CO 2332 Major-Holland VC RCACC, Ottawa, ON

Submitted by Marilyn Walkom, National PR Committee, Ontario Representative

In September 2016, cadets of 2332 Major Holland VC Royal Canadian Army Cadet Corps embraced a new civics project. Their aim was not only to become more aware of the homeless and less fortunate in their community, but also participate and aid in the solution. To see and understand this issue, the cadets integrated themselves with VETS (Veterans Emergency Transition Services Canada, Ottawa Chapter. Among the many services provided for veterans in crises, this group also engages in a monthly event referred to as

“Boots on the Ground” (BOG) walk. The objective of the BOG walks is to assist the homeless in the hopes of meeting a veteran and provide a means to allow the Veteran to get in contact with VETS. The ultimate goal is to get Veterans off the streets. During this event, volunteers from all walks of life, including the 2332 Army Cadets walk around the downtown core, surrounding communities and local shelters in Ottawa. Additionally, these volunteers provide non-perishable foods, blankets, warm clothing, smiles and thoughtful



conversation. During a BOG walk in January titled "In Her Boots" which focused on women's shelters and the search for female veterans; the female Cadets from 2332 met a young female refugee. They discovered that she had only been in Canada just over a month and was 9 months pregnant. She arrived on the steps of a women's emergency shelter with only a small suitcase of clothes and a large amount of courage. This refugee had recently

escaped a war torn country in the hopes that she could provide her unborn child with a better life free from fear and religious persecution. This woman's story touched the hearts of our Cadets so much that they made it their mission to assist the young women! Cadet Warrant Officer Juanita Mpiana at the helm, Cadet Master Corporals Rayne Topping, and Sherissa Francis-Williams and Cadet Corporals Shannon Wiseman and Abigail Tibbles set a goal to provide their new found friend with all she would require to welcome her baby. These Cadets wanted to demonstrate what true Canadian spirit is all about; they reached out to the Cadet families and the local Ottawa community via social media to help create a safe and welcoming environment for her and her child. They spent weeks gathering clothes, toys, baby furniture and a myriad of other items to provide what she and her new baby would require. On Thursday 13 April 2017, a new healthy Canadian baby boy was welcomed into the world!

This is not the end of our journey as our Cadets have now realized the potential they have to help make a difference in their communities. The Cadets plan to take on bigger challenges in their upcoming training year, and now we can only imagine where they will go



*Cadets of the 2332 RCACC: Front row: left Rayne Topping, Centre: Juanita Mpiana, Right: Sherissa Francis-Williams
Back Row: Left Abigail Tibbles, Shannon Wiseman*

with their new found aspirations. The staff, Cadet Families, and our Support Committee will be there to support them every step of the way!

Given the opportunity tweens and teens can make a difference in their community; they can touch the lives of people that society ignores, or reach out to a hand waiting and needing to be held. The national Army Cadet Program provides just such opportunities for young Canadians to grow into

dedicated, hardworking, compassionate young leaders. Leaders, whose vision is to make a difference in Canadian communities across the nation.

Additionally, 2332 Cadet Corps also focusses its program on creating a team building environment with activities; such as band, biathlon, drill competitions, physical fitness, dealing with outside stresses, and providing coping skills to name but a few. 2332 Major Holland VC Army Cadets are very proud to be represented by such upstanding, heartfelt, dedicated community oriented Cadets who strive for greatness every week throughout their school year.

They make us proud as we watch them commemorate another year, full of positive influences and actions within the community, the corps and their families. They will showcase their successes at 68th Annual Cadet Review at 2:00 pm on 3 June 2017 at 2100 Walkley Rd Armouries. Joining the cadets will be local MPs, Military dignitaries, close friends, local Cadet corps, and family members.

Please be aware that at her request, the name of the refugee and country have been left out due to persecution of her family in the old country.



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OUTWARD BOUND — WALES 2016

LCol (Ret'd) Morris Brause Liaison Officer, 2715 RCACC Windsor

MWO Bill Borshuk was ecstatic when he found out last April that he had been chosen as one of the Army Cadets in Ontario to go on the Outward Bound trip to Wales during the summer of 2016. A dedicated cadet with over five years of experience, he had many camps under his belt and wanted to experience this overseas trip. Below is his own recounting of some of the highlights of that trip.

“The army cadet exchanges programs are pretty unique experiences. I wanted to attempt to get on one before looking at becoming an instructor at an Army Cadet Camp during the summer. I applied and was accepted. I want to talk about some of the highlighted experiences that I enjoyed this last summer. To start with, we got to visit France and Belgium and toured various WWI sites. We visited battle field sites and graveyards and learned about these historical battles where brave Canadians fought and died for our freedom. We even get to dress as an Australian Soldier and do a role play running across "no man's land".

“My favourite experience was the combat simulation in a small enclosed village in the UK. In this simulation you face a live enemy in 4-man teams trying to complete objectives and reporting your findings at the end. Albeit that we as Canadian Army Cadets do not actually exercise in war type scenarios, our British Cadet comrades get to do this. We also got to experience fighting in close quarters by conducting the room breach training course. In this particular event, you practice breaching into small rooms and hallways in 4 man teams firing blank rounds at enemy targets while avoiding civilian targets. Our team got the



The group of Exchange cadets posing in front of one of the many museums they toured



Cadet Borshuk posing with the UK cadets he met during the exchange.

nickname "Storm Troopers" for accidentally shooting all the civilian targets in our first run through". Another unique experience for British cadets is the 24 hour exercises. These are 24 hour field training events in which we practice ambushing a live enemy and sleeping in bachers. One of the greatest moments of the summer was waking up to see the sun shining at the foot of

my basher entrance with my rifle to my side and getting out to practice for a brand new day of training.”

“If you like tourism, there is a week in the exchange course known as "Culture Week" in which you do the majority of your touring. You get the chance to visit Stonehenge in the UK, as well as various museums including the Imperial War Museum; a trip I will never forget. There are many surprises that await exchange cadets.”

“Over the course of the summer, you've got a great opportunity to trade any extra Canadian Cadet items you have in exchange for British cadet items. The British cadets are very welcoming. They're very interested in hearing about where we come from and are always looking to trade. Many of us returned home with duffle bags

packed with all kinds of British camo uniforms and ceremonial headdress and belts. Some of which were given to us courtesy of the British cadets. We visited many British cadet camps over the summer. At some camps, we decided to have all the members of our exchange sign a Canadian flag to be displayed at the camps for all future cadets to come!”

When interviewing MWO Borshuk, he was just beaming. He thoroughly enjoyed this opportunity and felt that it rounded out his cadet career. He is now

looking for an opportunity to teach. Upon his return last summer, he was informed that in October 2016, he would be taking over as the RSM for 2715 RCACC. He is an exemplary cadet, physically fit, dynamic and

very professional. He is an exceptional instructor and always wants to see his cadets achieve success.



223 PERTH RCACC MARCH IN SUPPORT OF OPTIMISM PLACE WOMEN'S SHELTER

Terry Bridge, Stratford Beacon Herald - article published April 24, 2017

Submitted by Marilyn Walkom, National PR Committee, Ontario Representative

A cadre of cadets traded in their boots for bright red high heels.

And they were happy to do so. Several Royal Canadian Army Cadets 223 Perth County entered a team called Boots Off Heels On and patrolled the halls of Festival Marketplace Saturday during a fundraiser for a women's shelter called Walk A Mile In Her Shoes.

Anne McDonnell, executive director of the Optimism Place Women's Shelter and Support Services, was impressed to see the young military members marching around the mall in a different formation than they're used to.

"I think it was fantastic, we really like to see these young cadets out," McDonnell said. "It's amazing they did this and it's something they'll never forget, I'm sure."

Last year the cadets' commanding officer, Capt. Andrew Piper, walked on his own. But this time around several of his troops, including A.J. Schmidt, signed up.

"It was a little hard," Schmidt, a Gads Hill resident, said of trying to keep his balance in the specially-made shoes.

Fern Sharp, the shelter's fundraising and awareness coordinator, was also proud of the Perth County Cadets.

"They're younger and they raised a lot of money," she said.

This was the event's ninth year. Chad Huth, a Kitchener resident, has suited up for the last seven or eight versions.

"I feel it's a good cause," he said. "It's really good and



223 RCACC cadets march through the mall wearing their red heels in support of the local women's shelter.

shows how much people care."

Sharp said walkers keep coming back because it gives men a chance to stand up and speak out against domestic violence.

"I think that's why the popularity, because men don't often get a chance, or they don't get asked," she said. "It's kind of nice."

Although they're supportive of the cause, Fern and

McDonnell both admitted many male participants are a little apprehensive at first when it comes to strapping on women's shoes.

"Then they get here and think, 'Oh, that was kind of fun,'" Sharp said. "They have to get used to it."

Once they get comfortable, though, it's a different story – sometimes by the end of the event organizers have to pester the participants to get the high heels back.

"They get so enthusiastic," McDonnell said. "It's a fun event."

McDonnell said she also enjoyed seeing young children accompanying their parents.

"I wonder what they'll think about this as they grow up and think back – dad was at that thing in high heels and as they grow up they go, 'Oh, that's why,'" she said.

The event's fundraising target was \$15,000.

"I'm pretty sure we made our goal," Sharp said.

Funds are earmarked for operations – the shelter is currently home to 13 beds – and programs such as children's counselling and advocacy.

"We put it wherever it's needed at the shelter," McDonnell said. "Just depends where we need it."

tbridge@postmedia.com





The Canadian Fallen Heroes Foundation Mission

The Canadian Fallen Heroes Foundation exists to say thank you to all Canadian fallen soldiers. not only on Remembrance Day, but every day of the year. The foundation creates memorials for individual fallen soldiers. One soldier at a time, the foundation works to tell a fallen soldier’s story shedding light on their pre-enlistment lives, dreams and aspirations, service record, and final resting place. All stories are posted on the Canadian Fallen Heroes Foundation’s memorial website.

This year, hundreds of memorials will be selected for archival printing, lamination with UV resistant film and 23" x 19" oak framing. After official unveiling, the display will travel throughout the country. Each memorial will then be gifted for public display in the community the soldier once called home.

How Can Your Cadet Corps Help?

The foundation invites you to help us by researching local Canadian fallen heroes. Commanding Officers are invited to contact Linda Kohut, the foundation’s Youth Project Coordinator, to discuss curricular or program links, a personalized research database, research procedures, workshops and how your Cadet Corps may qualify for research funding. For more information contact: Linda.Kohut@CanadianFallenHeroes.com, P:204-669-3637

VISITING VIMY RIDGE

Sgt. Diego Martínez and Sgt. Nico Martínez, 2277 Seaforth Highlanders RCAC, Langley, BC

Submitted by Cathy Bach, BC, Chair, National PR Committee & Executive Vice-President, ACLC Board of Directors

During a school trip to Europe in March 2017 we had the honour of visiting Vimy Ridge in France on a windy, foggy day. It’s hard to express what it was like to pay our respects to the soldiers from across Canada who fought there, especially those who paid the ultimate sacrifice for our freedom.

The memorial at Vimy Ridge is about 175 kilometres north of Paris. It’s built on 107 hectares of land that France granted for Canada to use for a national memorial to Canadian war dead overseas.

So there we were, in France, walking on what is now considered Canadian soil.

We walked through some of the trenches, where on April 9th one hundred years ago men fought a horrible and bloody battle that lasted until their victory on April 12th. Some of them had lied about their age to enlist and were just a few years older than younger cadets are now. They were 17 or 18 - the same age as senior cadets. Some were brothers, like us.

They built tunnels underground for this battle and we got to go into some of them. The walls are made of limestone, which is like chalk.

The grounds of the memorial a century later in 2017 might be quiet and peaceful, but green countryside still shows the ugly scars of the trenches and fighting back

in 1917. We were told that there didn’t used to be any trees or shrubs there, it was just a field. But Canadian trees and shrubs have been planted and grow there now.

When you research the memorial at Vimy Ridge you always read that it’s towering, massive, imposing, or huge.

It’s really hard to describe the size of the two pillars. It’s just so big and when you are standing on it you can see the whole battlefield and the craters from explosions.

The structure was built starting in 1925 and it took 11 years to finish. The statues on it represent faith, justice, peace, honour, charity, truth, knowledge, and hope.

Our teacher pointed out to us the statue of Mother Canada. The grieving



The Martínez brothers pose atop the Vimy monument

woman called “Canada mourning her fallen sons” stands there through all seasons now, reminding us of our country’s losses during war.

We speak a lot about loss at memorials like this one today. But it really hits you when you’re there in person to see the thousands and thousands of names that are etched into the Vimy Memorial. We stood there and read through the names of eleven thousand, two hundred and eighty-five Canadians who were killed during the First World War but have no known graves.

Another one of the most moving experiences we had when we visited Vimy Ridge was visiting the rows and rows of white gravestones in the cemetery. During this battle roughly one hundred thousand Canadian men fought. There were ten thousand, six hundred casualties – and of these nearly three thousand, six hundred were fatally wounded

and are buried there.

We walked around, reading their names, and paying our respects to the Canadian soldiers buried there. We found several grave sites of Seaforth Highlanders, which have the stag’s head etched into them and our motto in Gaelic. Some of their names were listed only as, “Known unto God.”

I’m really glad we got to visit Vimy Ridge with other students from Clayton Heights Secondary. We’ve never seen such a big memorial, and we’ve never walked on a real battlefield before. Visiting Vimy Ridge really helped us understand the significance of

this battle to Canada and being there was better than any history lesson.

To all of those who fought at Vimy a hundred years ago, we will always remember your sacrifice. Thank you.

The Martinez brothers take a moment to reflect at the Vimy monument after a wreath laying ceremony

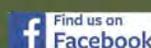


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Dear readers,

We hope you have enjoyed this issue of On-Target. The articles of this publications are written by cadets, CIC officers, League members, volunteers and parents from all over the country.

The intent of this publication is to share the experiences, the ideas and opportunity the Army Cadet League of Canada and the Army Cadet program can offer. If you have a story or an experience you would like to share in future issues of this publication. Please send them to:

commsofficer@armycadetleague.ca. The Army Cadet League of Canada, appreciates your contributions to this newsletter.

This publication is also available online on our News page at www.armycadetleague.ca and offered in both official languages. If you wish to receive a French copy, contact the National Office of the Army Cadet League of Canada at commsofficer@armycadetleague.ca.

The next issue is scheduled to be published in the Fall/Winter of 2017.

We hope to hear from you.

Thank you,

The Editor